

Karen's Fresh Fruit Salad

Sauce

1/2 cup orange juice or I prefer Five Alive
2 TBSP honey
2 Tsp balsamic vinegar

Fresh Fruit

strawberries
black berries
blueberries
peaches or nectarines
mandarin oranges
kiwi
pineapples
bananas

Chop fruit and put it in a serving bowl. Use a whisk and blend the sauce ingredients. Take half of the sauce recipe and add it to 1/2 cup of the fruit mixture in a food processor and puree. Add the rest of the sauce to the chopped fruit, mix and place in the refrigerator for an hour. When ready to eat, add the puree to the fruit and mix and serve